

MENU PLAN: TEA TIME: WEEK 1:

There is a separate menu for vegetarian residents and for those whom require a soft diet.

Each day there should be a sandwich, hot snack and soup of the day available to choose from.

Day	OPTION 1	OPTION 2	SOUP
Monday	Beef & mustard sandwiches.	Cheese and onion on toast.	Cream of tomato and basil soup with a bread roll.
Tuesday	Egg and cress sandwiches.	Bacon sandwiches.	Vegetable broth soup with a bread roll,
Wednesday	Chicken mayonnaise sandwiches.	Baked beans on toast.	Butternut squash soup with a bread roll.
Thursday	Banana sandwiches.	Macaroni cheese.	Leek and potato soup with a bread roll.
Friday	Cheese and tomato sandwiches.	Crumpets with jam.	Creamy mushroom soup with a bread roll.
Saturday	Ham and pickle sandwiches.	Sardines on toast.	Creamy chicken soup with a bread roll.
Sunday	Tuna and sweetcorn sandwiches.	Cheese, biscuits and grapes.	Carrot and coriander soup with a bread roll.